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Aerospace and Defense Business Unit  
Executive and Professional Search Firm

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LATEST NEWS FROM TYGES INTERNATIONAL- AEROSPACE & DEFENSE BUSINESS UNIT

### Planning for 2015: Part II- Are You Over Worked in the Workplace?

By: Katrina Blalock - VP/GM, Aerospace / Defense Practice

Last month, we talked about challenging your employees. This month, we will look at what happens in the over-challenging work environment. Do you find yourself saying any of the following: I'm exhausted. I'm overwhelmed. I'm overscheduled. If so, these are sure signs that you are overworked. Obviously, there are many solutions to your situation. If you find yourself struggling to keep your head above the projects, you can keep your cool by making sure you are working as efficiently as possible. For example, prioritize your projects and daily to-do list. If you have exhausted your own time-saving capabilities, this may be the right time to add to your team. Talk to your manager about creating a new position to handle the work overflow.

As we discussed, it is important to be challenged in the workplace and have your skills properly utilized. However, there is a definitive line between utilizing an employee's skill set and taking advantage of it. When you cross that line as an employer, you risk burning out your employees by overworking them. If your job drains you again and again or your employer isn't flexible with a solution to your overload challenge, perhaps you're not with the right company.

Now is the time to start planning for 2015. Does 2015 mean adding new employees? Or, does 2015 mean finding a new position for yourself? The good news, I'm here to help. So, give me a call and let me help you plan your 2015!

Find me on Twitter: [@katrinabti](#)

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**Please note:** I want to direct you to a blog that our firm started the first of 2014 -[www.reinventingrecruiting.com](http://www.reinventingrecruiting.com). It deals with a multitude of topics and I encourage you to follow it and make comments or ask questions. All are welcome.

To sign up / follow the blog, go to [www.reinventingrecruiting.com](http://www.reinventingrecruiting.com) and look to the lower right hand corner where you will see a tab "follow" - click on it and sign up. I hope you find the blog helpful and insightful and please give us feedback on topics you'd like our experts to discuss.

## Featured Available Positions:

- ◆ Senior Buyer - Precision Machined Components - NJ
- ◆ Materials & Process Engineer - Aerospace - OK
- ◆ SR Electrical Design Engineer - Power Electronics - MI
- ◆ Sales Director - SATCOM - FL

Contact Katrina Blalock for more information on these positions.  
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